

# **ANTI-BULLYING PLAN** 2023

# Warialda High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

#### Resources

The NSW anti-bullying website (see: <a href="https://antibullying.nsw.gov.au/">https://antibullying.nsw.gov.au/</a>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

# **Warialda High School's Commitment**

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

### 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

#### 1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Anytime	PCYC/Police Visit
Anytime	RAGE program (as needed)
Anytime	Queen Bees & Wicked Sisters (Stage 4 girls)
Anytime	Black Dog Institute Research

Anytime	Shark Cage
Anytime	Love Bites
Anytime	Instagram – Warialda Wellbeing
Term 1	Harmony Day
Term 2	Dolly Day (SRC activities)
Term 3	RuOK? Day (September annually)

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning	
As required	Mandatory PL	
As available	Opportunistic attendance for selected staff e.g. LST members, Exec, teaching staff as advertised	
On going	Code of Conduct	
As required	Staff involvement in mediation and conflict resolutions with students	
On going	Commitment to Resilience Project	
On going	Positive Behaviour for Learning	

#### 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- \* Mandatory PL
- \* 'Casual Kit' from Deputy Principal
- \* Year 6-7 transition booklet

# 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan	NSW Anti-bullying	Behaviour Code for
website		Students

## 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Anytime	Instagram – Warialda Wellbeing – "stymie" like messages; Bullying No Way uploads
Anytime	Facebook updates
Anytime	Emails home
Monthly	P&C Meetings

# 3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

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Signature: Date:22/05/2023